### 2013

## American Indian High School Students in Urban Schools

§ 1999-2013 Trend Data

# Montana Youth Risk Behavior Survey

Montana Office of Public Instruction Health Enhancement and Safety Division June 2013



Injury and Violence Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	89.6	93.2	91.1	90.5	90.0	91.9	91.6	88.5
Never or rarely wore a seat belt when riding in a car driven by someone else	28.9	29.3	20.2	23.1	21.4	19.8	15.7	13.9
Never or rarely wore a seat belt when driving a car		31.2	24.3	29.2	27.2	23.1	17.5	16.5
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	49.3	46.3	34.1	38.0	41.2	34.7	30.4	27.2
Drove a car when they had been drinking alcohol during the past 30 days	25.1	26.2	18.7	18.9	20.7	17.5	15.8	16.6
Texted or e-mailed while driving a car during the past 30 days							41.3	46.7
Talked on a cell phone while driving a car during the past 30 days							43.5	48.0
Carried a weapon such as a gun, knife, or club during the past 30 days	31.1	32.2	27.5	29.1	29.4	31.0	33.8	30.9
Carried a gun during the past 30 days	17.0	16.4	12.1	12.1	12.6	14.6	13.4	14.5
Carried a weapon on school property during the past 30 days	20.2	20.9	11.1	16.4	13.0	14.1	17.4	15.3
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months			28.4	33.2	29.8	1	30.9	30.7
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	9.0	7.6	5.1	5.8	6.9	5.8	9.5	11.9
Had been threatened or injured with a weapon on school property during the past 12 months	10.8	14.9	11.3	7.9	8.5	9.8	14.0	12.0
Were in a physical fight during the past 12 months	48.2	49.0	41.2	40.6	46.4	46.0	41.1	37.7
Were injured in a physical fight that required medical treatment during the past 12 months	10.0	6.6	5.9	6.9	8.2	6.1	9.0	7.3
Were in a physical fight on school property during the past 12 months	48.2	49.0	41.2	40.6	23.2	18.2	20.3	15.6

Injury and Violence - continued	4000	2004	2002	2005	2007	2000	2044	2042
Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013
Were hit, slapped, or physically hurt								
on purpose by their boyfriend or	15.4	13.3	13.8	14.1	15.1	15.3	17.6	NA
girlfriend during the past 12 months	10.4	10.0	10.0			10.0	''''	1473
Have ever been physically forced to								
have sexual intercourse when they	16.7	15.4	15.2	13.8	15.2	14.1	18.3	14.2
did not want to				10.0	10.2		10.0	
Of dating students, were purposely								
hit, slammed into something, or								
injured with an object or weapon by								15.5
someone they were dating during the								
past 12 months								
Of dating students, were forced to do								
sexual things (e.g., kissing, touching,								
or being physically forced to have								13.9
sexual intercourse) by someone they								13.3
were dating or going out with during								
the past 12 months								
Had been bullied on school property						30.1	32.7	31.8
during the past 12 months						00.1	02	01.0
Had been electronically bullied, such								
as through e-mail, chat rooms,						04.4		0.4.0
instant messaging, Web sites, or text						21.4	23.6	24.9
messaging during the past 12								
months								
Had been the victim of teasing, name								
calling or bullying because someone								19.2
thought they were gay, lesbian, or bisexual during the past 12 months								
Have ever been choked by someone								
or tried to choke themselves on								
purpose for the feeling or experience								
it caused (e.g., Choking Game,								15.7
Knock Out, Space Monkey, Flatlining								
or the Fainting Game)								
Felt so sad or hopeless for two								
weeks or more in a row that they	00.5	00.4	05.0		05.0	00.5	05.0	00.0
stopped doing some usual activities	36.5	36.4	35.6	36.8	35.6	36.5	35.2	38.3
during the past 12 months								
Seriously considered attempting	24.2	29.4	25.6	21.6	24.3	21.4	25.1	20 E
suicide during the past 12 months	24.2	29.4	25.0	21.0	24.3	21.4	25.1	30.5
Made a plan about how they would								
attempt suicide during the past 12	23.9	22.8	17.7	18.1	19.5	19.3	20.2	22.4
months								
Actually attempted suicide during the	16.3	28.7	18.5	16.3	18.4	16.7	18.9	20.6
past 12 months	10.5	20.7	10.5	10.5	10.4	10.7	10.9	20.0
Had a suicide attempt resulting in								
injury, poisoning, or overdose that	6.8	10.5	4.7	5.9	4.7	6.3	8.0	6.7
required medical treatment during the	0.0			3.0		5.5	0.0	3
past 12 months								

Tobacco Use Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013
Ever tried cigarette smoking	79.5	82.2	71.4	68.6	69.1	65.9	59.8	56.2
Smoked a cigarette before age 13	43.0	51.0	34.6	31.3	32.8	28.0	25.2	21.1
Smoked a cigarette on one or more of the past 30 days ("current")	50.2	49.3	32.4	35.3	34.7	33.6	30.2	29.0
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	29.4	29.0	16.9	15.2	16.4	10.8	12.4	13.6
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	13.1	12.1	8.4	5.0	11.1	5.2	7.3	12.7
Usually got their cigarettes by buying them in a store or gas station during the past 30 days		9.5	4.9	7.5	4.4	5.2	6.5	6.1
Smoked cigarettes on school property during the past 30 days	23.1	18.8	11.8	11.1	12.9	9.5	12.2	13.3
Ever smoked cigarettes daily; that is, at least one cigarette every day for 30 days ("regular")	39.6	39.1	28.2	27.7	26.8	21.6	23.3	21.2
Among current smokers, tried to quit smoking during the past 12 months		36.9	27.0	59.7	55.5	71.1	59.7	61.4
Used chewing tobacco, snuff, or dip during the past 30 days	19.9	18.5	17.5	19.3	15.2	18.0	17.7	17.7
Used chewing tobacco, snuff, or dip on school property during the past 30 days	11.2	14.2	10.5	11.6	10.3	13.6	12.1	11.6
Smoked cigars, cigarillos, or little cigars during the past 30 days	20.3	20.3	15.9	18.2	19.2	22.3	21.1	18.8

Alcohol and Other Drug Use Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013
Had at least one drink of alcohol during their life	86.9	89.2	83.1	78.8	79.7	78.9	76.5	72.9
Had first drink of alcohol before age 13	53.1	51.5	40.9	40.0	40.6	37.7	34.5	29.0
Had at least one drink of alcohol during the past 30 days ("current")	59.9	60.9	51.4	49.1	51.0	46.5	43.6	68.8
Had at least one drink of alcohol on school property during the past 30 days	9.5	14.6	6.5	7.1	8.6	9.5	11.8	10.3
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	48.0	50.2	39.2	36.9	39.0	34.6	32.3	30.1
Had 10 or more drinks within a couple hours during the past 30 days								9.8
Among current users of alcohol, usually got the alcohol they drank from someone who gave it to them during the past 30 days						40.9	33.6	29.3
Used marijuana during their life	56.5	57.7	48.3	45.5	52.1	52.7	50.9	49.4
Tried marijuana before age 13	31.2	26.1	20.4	17.9	23.8	16.5	23.0	18.1
Used marijuana during the past 30 days ("current")	37.3	36.1	26.2	23.1	29.8	28.6	37.1	48.9
Used marijuana on school property during the past 30 days	12.6	13.9	7.0	7.6	8.3	6.9	13.0	10.2
Used any form of cocaine during their life	21.2	18.9	15.0	15.1	13.0	10.3	15.1	11.8
Used any form of cocaine during the past 30 days ("current")	9.5	9.0	7.0	6.7	5.4	6.1	8.8	NA
Used inhalants during their life	23.9	23.2	22.9	18.7	26.3	22.0	21.4	18.5
Used inhalants during the past 30 days ("current")								7.7
Used heroin during their life	10.4	9.5	4.7	5.8	6.3	3.5	8.1	5.8
Used methamphetamines during their life	24.1	21.0	15.2	13.3	10.5	5.1	7.0	9.2
Used ecstasy during their life			9.0	7.9	12.1	11.1	16.6	14.4
Took steroid pills or shots without a doctor's prescription during their life	8.6	12.0	5.7	7.6	6.5	6.1	7.2	6.0

Alcohol and Other Drug Use -continued Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013
Have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription							31.4	25.2
Used a needle to inject any illegal drug into their body during their life	6.8	7.4	5.7	5.1	4.4	3.8	2.0	5.1
Were offered, sold, or given an illegal drug on school property during the past 12 months	33.9	32.4	25.2	23.5	24.6	28.3	31.1	24.7

Sexual Behaviors Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013
Ever had sexual intercourse	57.1	56.7	52.0	51.1	57.2	58.3	62.3	59.0
Had sexual intercourse before age 13	16.3	16.7	11.1	12.7	15.2	11.5	15.5	10.5
Had sexual intercourse with four or more people during their life	21.3	26.1	16.2	17.7	21.8	20.8	25.7	25.7
Had sexual intercourse during the past three months ("current")	39.7	38.8	34.0	32.9	35.9	38.6	42.7	41.6
Drank alcohol or used drugs before last sexual intercourse	37.6	40.5	28.4	34.5	30.5	30.1	28.2	27.3
Currently sexually active and used a condom during last sexual intercourse	58.9	54.8	64.8	65.8	61.3	63.8	45.2	54.9
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	13.3	13.0	11.8	13.4	19.6	15.6	16.3	16.8
Had ever been taught about AIDS or HIV infection	87.7	83.6	83.6	86.0	83.6	82.3	78.0	79.1

Weight Management and Dietary Behaviors Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013
Described themselves as slightly or very overweight	32.5	34.2	36.0	40.3	36.9	35.9	35.3	36.8
Were trying to lose weight	38.4	46.8	49.9	46.6	54.2	45.3	47.7	49.0
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	14.7	20.9	18.2	19.2	19.5	18.2	14.8	17.6
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	10.1	13.3	11.9	6.7	9.5	8.7	10.1	7.2
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	6.4	7.0	9.3	9.0	6.5	7.2	7.9	7.8
Drank 100% fruit juices during the past seven days	82.3	75.5	79.9	74.0	75.6	78.9	80.9	76.5
Ate fruit during the past seven days	85.5	83.1	88.0	83.4	87.2	88.8	85.1	88.6
Ate green salad during the past seven days	72.1	66.9	68.9	68.1	67.9	72.4	67.3	64.3
Ate potatoes during the past seven days	83.7	75.5	76.1	70.6	75.3	73.4	71.6	71.1
Ate carrots during the past seven days	55.0	54.6	55.6	50.9	53.5	56.9	54.7	53.0
Ate other vegetables during the past seven days	88.7	81.0	84.1	81.6	79.7	83.8	82.5	79.9
Drank pop on a daily basis during the past seven days					30.3	30.3	28.2	24.5
Drank diet pop on a daily basis during the past seven days								7.0
Drank a can, bottle, or glass of an energy drink, such as Red Bull or Jolt (not sports drinks such as Gatorade or PowerAde), during the past seven days							37.2	NA
Drank three or more glasses of milk per day during the past seven days	24.6	26.1	21.2	19.6	18.7	19.1	NA	15.9

Weight Management and Dietary Behaviors - continued Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013
Ate breakfast daily during the past seven days							35.5	34.8
Always, most of the time, or sometimes went hungry because there was not enough food in the home during the past 30 days								17.9

Physical Activity Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013
Were physically active for at least 60 minutes per day on 5 or more of the past seven days					47.1	46.1	51.9	48.3
Watched three or more hours per day of TV on an average school day	33.4	35.5	30.4	29.5	25.7	25.5	28.1	27.2
On an average school day, played 3 or more hours of video or computer games or used a computer for something not school-related*					18.5	21.1	26.1	35.7
Attended physical education (PE) classes on one or more days in an average week when they were in school	64.2	65.9	65.2	63.6	64.0	60.7	58.1	64.0
Attended physical education (PE) classes daily in an average week when they were in school	37.7	29.6	33.2	35.5	37.6	32.7	35.7	32.3
Played on one or more sports teams during the past 12 months	62.3	63.4	64.6	56.2	58.2	58.0	54.3	52.4

<sup>\*</sup> Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other special networking tools, and the Internet.

Other Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013
Have been told by a doctor or nurse that they have asthma				19.4	26.8	26.2	23.7	25.8
Still have asthma					17.2	20.5	17.2	NA
Used a tanning device such as a sunlamp, sunbed, or tanning booth during the past 12 months								15.6
Received help from a resource teacher, speech therapist or other special education teacher during the past 12 months	27.1	23.6	21.8	19.3	18.9	20.6	19.4	23.7